



BE SENSITIVE, BE BRAVE

FOR SUICIDE PREVENTION

A culturally sensitive workshop on suicide awareness and prevention

Suicide is the second leading cause of death among college students and the leading cause of death for AANHPI aged 15–24. This workshop offers a culturally sensitive approach to suicide prevention, equipping participants with tools to recognize warning signs, provide support, and connect individuals to appropriate resources. Together, we can create a compassionate campus community where help is always within reach.



Identify signs of suicide



Ask if someone is considering suicide sensitively and confidently



Connect individuals with the appropriate support



Approach suicide prevention in a culturally sensitive manner



Respond to community needs and decrease stigma



COUNTY OF SANTA CLARA
Behavioral Health Services



EVERGREEN
HEALTH SERVICES



EVERGREEN
ASPIRE+PLUS

Asian Pacific Islander Resources for Excellence +
Powerful Leadership and Learning for United Success



DATE: DECEMBER 5

TIME: 1:00PM-2:30PM

LOCATION: ZOOM

RSVP:



bit.ly/BSBBsignup

CommunityConnections
Psychological Associates, Inc.

If you know someone who is in suicidal crisis or emotional distress, get 24/7 free confidential crisis support: Call or text 988. For questions, contact: kara.has@evc.edu | ASPIRE+PLUS is federally funded by DOE PR# P031L220022