

## MENTAL HEALTH COUNSELING RESOURCES

**SANTA CLARA COUNTY CALL CENTER at 1-800-704-0900 (For Medi-Cal only)\*\***

\*\*They will do an assessment on the phone and find the right fit for language, culture, type of service, etc. with Community-based Agencies that accept Medi-Cal.

**For immediate help:**

**CRISIS/SUICIDE LINE: 1-855-278-4204 or text "COURAGE" to 741741**

**MENTAL HEALTH URGENT CARE CLINIC open 7 days a week 8 am to 10 pm**

871 Enborg Court, San Jose, Ca 95128

**1-408-885-7855**

Following resources are for uninsured individuals/families: Fees based on income or sliding scale:

**Bill Wilson Center      (ask for Intake Coordinator)      408-243-0222**

3490 The Alameda, Santa Clara, CA 95050

**Process Therapy Institute      408-963-6694**

595 Millich Dr Suite 102, Campbell, CA 95008

**Christian Counseling Center      (ask for Intake Coordinator)      408-559-1115**

3880 S Bascom Ave #202, San Jose, CA 95124

**BACA      (up to age 25)      408-996-7950**

1175 Saratoga Ave., Ste. 14, San Jose, CA 95129

**Grace Baptist Community Center (need to become a member)      408-293-0422**

484 E San Fernando St, San Jose, CA 95112

**Community Psychotherapy Institute (Domestic Violence cases)      408-244-1362**

960 Saratoga Ave # 102, San Jose, CA 95129

**If you have Insurance, please check your provider list for services and therapists in the area.**